Amaze Balance Dental Saddle with Lumbar Support

DESCRIPTION

The Amaze Balance Dental Saddle with Lumbar Support is the top supported Dental Saddle for Dentists, Dental Hygienists, and Dental Nurses specifically designed to prevent and manage back pain. The balanced saddle with back support encourages dynamic sitting which is vital for maintaining a healthy spine and reducing back pain. Up to 30% of Oral Healthcare professionals retire early due to neck and back pain.

This top dental saddle is purpose-built for Dental professionals and incorporates a unique adjustable balance mechanism which encourages subtle pelvic micro-movements in response to how you move. These movements reduce intervertebral disc pressure and promote the activation of your core muscles which will improve posture and help eliminate lower back pain.

The unique seat shape allows Dental professionals to work safely while working without slouching or leaning over too much. An added lumbar support and an original narrow yet well supported saddle design means you can sit closer to patients in an active posture for long periods. The optional foot-operated height adjustment of the Dental Saddle means you can work seamlessly without the need to pause and manually adjust your position.

Benefits of the Amaze Balance Dental Saddle with Lumbar Support

1. Prevent and manage back pain with a natural upright sitting posture

Traditional dental saddles and stools allow a limited hip angle. This increases the pressure on your spine and makes it difficult to sit upright resulting in a slouched position and encourages a habit of working bent over.

The Amaze Balance Dental Saddle with Lumbar Support prevents this occurring. With an elevated sitting height which opens your hip angle (up to 140 degrees) along with a uniquely shaped saddle, you can sit in a healthy neutral position (spine, neck and head in vertical alignment). This enables a healthy and stable sit-stand posture while you work.
2. **Work closer to your patient without bending over as much.**

A standard saddle allows a hip angle of 90 to 110 degrees which means your legs can often stop you sitting closely with your patient. This leads to a tendency to lean over further to get a good view of your patient’s mouth. Adjusting the stool height isn’t an option either as you would be forced to lift your arms higher, further increasing the tension on your shoulders and neck.

On an Amaze Balance Dental Saddle you can sit comfortably in an elevated position, meaning your upper legs will be oriented in a more downward and sideways direction (instead of forwards). This allows you to sit far closer to your patient in a safe position while easily pushing with your left or right leg to move around.

3. **Work to your best in an open posture with improved concentration and increased energy.**

Traditional dental saddles promote prolonged static sitting which leads to a dull or tingling feeling as blood vessels can become pinched.

The ergonomic shape of the Amaze Balance Dental Saddle with Lumbar support encourages an open posture and makes breathing easier. The innovative design improves digestion and blood circulation also, meaning greater focus and more energy throughout the day.
Amaze Balance Dental Saddle with Lumbar Support Specifications

**Specification**

Seat: Narrow (Width 34 cm)

Seat height:
- Low < 160 cm
- Standard 160 - 185 cm
- High > 185 cm

Balance mechanism
- Adjustable Lumbar Support
- 360º Revolving Seat
- Swivel Castors