



**KOS** Ergonomics

THE POSTURE IMPROVERS

**HOMEWORKERS  
APPROVED EQUIPMENT**

**CATALOGUE**



**Work Better.**

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# ERGONOMIC CHAIRS

Nobody wants to sit in an uncomfortable chair. Our chairs are designed to offer full support in all areas to those who use them. They are designed to provide maximum daily support and make every day easy.

## ERGO X2 TASK CHAIR

- Pre-Assembled Chair
- Lumbar Support: Height Adjustable
- Seat height: 450-580 mm
- Seat Slide with Seat dimensions: D445mm x W 500mm
- Mechanism: Synchronized multi-block mechanism
- Castors: Free castors for hard and soft floor
- Weight Capacity: 120kg

Units	Price (Ex VAT)
10-19	€349.95
20-100	€329.95
100-400	€289.95

Complies with EN1335 and all Irish and European H&S Regulations



## BasicsRight DSE Chair



- DSE Compliant Homeworkers Chair
- Inflatable lumbar support for extra comfort
- Backrest angle adjustment
- Tension controlled recline mechanism
- Changes pressure required to tilt back rest
- 8 hour rated use

Units	Price (Ex VAT)
10-19	€289.95
20-100	€279.95
100-400	€249.95

Complies with EN1335 and all Irish H&S Regulations

\*Add Height Adjustable Armrests for €35+VAT\*

## ErgoX2 Plus Task Chair



- Pre-Assembled Chair
- Lumbar Support: Height Adjustable
- Seat height: 450-580 mm
- Seat Slide with Seat dimensions: D445mm x W 500mm
- Mechanism: Synchronized multi-block mechanism
- Castors: Free castors for hard and soft floor
- Weight Capacity: 120kg

Units	Price (Ex VAT)
10-19	€399.95
20-100	€379.95
100-400	€319.95

Manufactured in Europe Fire Retardant Mesh and Foam \*a requirement for domestic furniture

Complies with EN1335 and all Irish and European H&S Regulations

## Revive Eco Ergonomic Chair



- Synchro Mechanism
  - Very good lumbar support
  - Seat Slide
  - Height Adjustable Backrest
  - Weight range: Up to 120KG
- Height range: 5'2" - 6' 2"

Units	Price (Ex VAT)
10-19	€289.95
20-100	€279.95
100-400	€249.95

Complies with EN1335 and all Irish H&S Regulations



# HOME OFFICE DESKS

## & Sit Stand Solutions

Get healthy while working with our sit stand solutions or discover the perfect desk for your home office. Style your space with our quality range of desks.



### ScandicDesk KO23 Electric Standing Desk

- Electrical Height Adjustment: 610mm to 1260mm
- Tabletop: 1600 x 800mm white
- Sizes also available in 1400 x 800mm, 1200 x 800mm and 1800 x 800mm
- Height Range 610-1260mm
- Weight Capacity: 130kg
- Frame Colour: White
- Guarantee: 5 years
- Manufactured in Denmark

\*Back panel not included

Units	Price (Ex VAT)
10-19	€749.00
20-100	€718.00
+100	€699.00

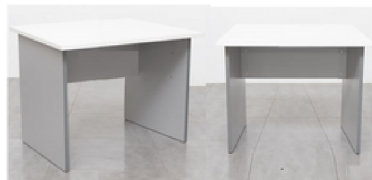
## Mobel Manually Height Adjustable Desk – 1200mm



- Mobel Manually Height Adjustable Table
- 1200x800mm
- Stylish design with black legs and white top
- Height Adjustable Range – 685–815mm
- Manufactured in Spain
- 10 Year Warranty

Units	Price (Ex VAT)
10-19	€319.95
20-100	€289.95
>100	€259.95

## Mobel Fixed Desk 800mm



- Table top: 25mm Melamine
- Leg Panels: 25mm Melamine (Silver)
- Modesty Panel: 19mm Melamine
- All Melamine has PVC edging
- ABS Glides to prevent table scratching floor
- Manufactured in Spain
- 10 Year Warranty

Units	Price (Ex VAT)
10-19	€199.95
20-100	€179.95
>100	€159.95



## Net Foldable Table 1200mm



- 1200x700mm Rectangular Homeworkers Folding Table
- Table folds easily for space-efficient storage
- Provides excellent team working environment
- 25mm thick top
- Attractive silver-coated leg
- 2mm abs protective edging
- 5 Year Warranty
- Heat resistant

Units	Price (Ex VAT)
10-19	€429.95
20-100	€399.95
>100	€389.95

## Elevate 2 | Electric Standing Desk | 1200mm



- Synchro Mechanism
- Very good lumbar support
- Seat Slide
- Height Adjustable Backrest
- Weight range: Up to 120KG
- Height range: 5' 2" – 6' 2"

Units	Price (Ex VAT)
10-19	€599.00
20-100	€569.00
>100	€529.00

## KOS Freedom Desk Pro



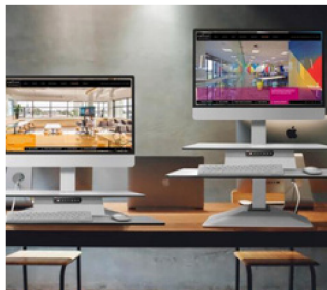
Simply pull the levers to raise or lower the dual-level platform to your ideal height, whether you're sitting or standing. The ergonomically sound surface is ideal for holding displays, devices and documents, and resists tipping.

- **Table Top: 890 x 610mm**
- **Weight Capacity: 18kg**
- **Guarantee: 1 year**
- **No Assembly required**

Units	Price (Ex VAT)
10-19	€399.00
20-100	€349.95
>100	€329.95



## KOS Standesk



- **2 platforms, one for the keyboard and the other a work surface**
- **3 memory height positions as well as an up/down button**
- **Anti-collision feature**
- **Keyboard size - 700mm x 220mm x 12mm Desktop size 700mm x 400mm x 12mm Desk load capacity 50kg**
- **Keyboard load capacity 5kg**
- **5-year warranty**
- **Conforms to AS/NZS60335.1 Electrical Standard Two Monitor Version - Add €50+VAT \***

Units	Price (Ex VAT)
10-19	€599.00
20-100	€549.00
>100	€499.00



# FOOTRESTS

## & Back-Lumbar Support

Keep your feet elevated and your back supported while you work for improved posture, circulation and comfort with our range of Footrest and portable Back - Lumbar support products.

### Active Footrest

This active footrest is ideal for the office worker who sits for long periods as it stimulates blood circulation.

- Dimensions: w485 x d345 x h100mm•
- Anti-slip foot surface to stop feet and footrest moving

Homework Spend	Price (Ex VAT)
< €5K	€49.00
€5K - €20K	€45.95
> €20K	€39.95



## Ergo Office Footrest K21



- Angle adjustable, sliding movement
- Width: 480 mm, depth: 300 mm, height: 50-100 mm
- Anti-slip foot surface to stop feet and footrest moving

Homework Spend	Price (Ex VAT)
< €5K	€39.95
€5K - €20K	€34.95
> €20K	€31.95

## Height Adjustable Office Footrest K751



- Increased height-adjustable footrest
- Overall: 490 x 350 x 190 mm
- Min. height: 40 mm front / 70 mm rear
- Max. height: 150 mm front / 210 mm rear
- Anti-slip foot surface to stop feet and footrest moving

Homework Spend	Price (Ex VAT)
< €5K	€59.00
€5K - €20K	€63.00
> €20K	€59.95

## Posture Improvers Deluxe Inflatable Lumbar Support



- High Density Foam Lumbar Support with Breathable Mesh
- Lumbar pump adjustment
- Elasticated and adjustable strap for fixing to office chair
- Size 420 x 350 x 125mm

Homework Spend	Price (Ex VAT)
< €5K	€49.90
€5K - €20K	€44.95
> €20K	€39.95

## Posture Improvers Inflatable Lumbar Support



- Posture Improvers Inflatable Lumbar Support
- Suitable for office, kitchen and living room chairs
- Can be used in car
- Easy to inflate
- Provides maximum support to lower back
- Elasticated and adjustable strap for fixing to chair

Homework Spend	Price (Ex VAT)
< €5K	€54.95
€5K - €20K	€49.95
> €20K	€44.95



## Orthopedic Back Support KB001



- Overall Length: 37" 94 cms
- Back of Seat Width: 13" 33 cms
- Bottom Seat length: 16.5" 42 cms
- Seat Depth: 18.5" 47 cms
- Seat Width: 17.5" 44 cms
- Weight: 2.41kg
- Molded wooden back to ensure optimal support, reduced pain, excellent pelvic support and better sitting posture.

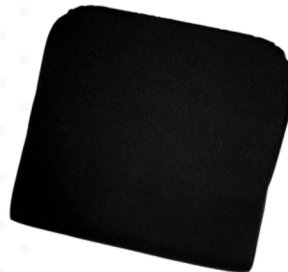
Homework Spend	Price (Ex VAT)
< €5K	€89.00
€5K - €20K	€84.00
> €20K	€82.00

## Large Seat Wedge KW310



- This tapered seat wedge is made with supportive foam and covered with durable twill fabric.
- Seat wedges designed to relieve and help prevent lower back pain.
- Dimensions : 17" w x 16" l x 2.5" – 1" h
- Tapered shape promotes better posture.
- Can be purchased with Coccyx - cut out\*

Homework Spend	Price (Ex VAT)
< €5K	€29.95
€5K - €20K	€27.95
> €20K	€24.95



# LAPTOP STANDS

Our adjustable laptop stands are a relatively inexpensive way to instantly improve your posture and positioning while using a laptop.



## KOS Ergo Adapt Laptop Stand

Ultra-thin and lightweight stand is perfect for office, business, school and home usage – collapsible riser folds flat for convenient storage or transportation in the included neoprene travel bag which can also double as a mouse pad.

- Laptop Height Settings: 4 adjustable settings, ranging from 35 to 52 degrees.
- Weight: Ultra-lightweight at 220 grams.
- Suits Laptops: Designed for laptops with a 12-17 inch screen diagonal, supporting weights of up to 5 kg.
- Portability: Comes with a protective sleeve for easy transportation.
- Desk Footprint: Minimum desk space required is 235 x 210 mm.
- Color: Sleek natural aluminum finish.
- Folded Size: Compact dimensions when folded: 307 x 210 x 2.4 mm.

Homework Spend	Price (Ex VAT)
< €5K	€55.95
€5K - €20K	€59.95
> €20K	€55.00

## // Laptop Stands

### Ergo P Laptop Stand



- 6 easy to select height settings
- Adjustable height and width
- Slim design and lightweight
- Hallowed-out design to avoid overheating
- Black neoprene carry case that doubles as a mouse pad Minimum size: 252 x 182mm
- Maximum size: 252 x 275mm
- Weight: 360 grams

Homework Spend	Price (Ex VAT)
< €5K	€59.95
€5K - €20K	€54.95
> €20K	€49.95

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- Laptop Height Settings: 4 adjustable settings, ranging from 35 to 52 degrees.
- Weight: Ultra-lightweight at 220 grams.
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- Portability: Comes with a protective sleeve for easy transportation.
- Desk Footprint: Minimum desk space required is 235 x 210 mm.
- Color: Sleek natural aluminum finish.
- Folded Size: Compact dimensions when folded: 307 x 210 x 2.4 mm.

Homework Spend	Price (Ex VAT)
< €5K	€66.95
€5K - €20K	€59.95
> €20K	€55.00

### Stand-I Microsoft Surface Pro Stand



- Use with or without 'type cover'
- attached Lightweight, fold-flat design
- Stable for touchscreen use
- 3 height settings for screen
- 1 x 1 x 1 cm; 1 Kilograms

Homework Spend	Price (Ex VAT)
< €5K	€89.00
€5K - €20K	€85.00
> €20K	€89.00



# ERGONOMIC KEYBOARDS

## & Mice

Complete your ergonomic set-up with our range of wireless and corded keyboards and mice.



### KOS SOLO X | Wireless Keyboard

Are you a mobile professional seeking the perfect blend of functionality, portability, and style? Look no further than the KOS SOLO Wireless Keyboard, designed with you in mind. This ultra-slim external keyboard is not just a typing tool; it's a statement of efficiency and convenience.

- Corded connection for ease-of-use
- Includes 3 port USB hub
- Full-size keys with quiet and light touch typing
- Lightweight – sleek and compact, the keyboard can be easily stored and packed for travel
- Dimensions 286 mm x 140 mm x 10 mm
- Mac with OS X 10.1 or later\*, Windows XP or later, Android, Linux/BSD flavors

Homework Spend	Price (ex VAT)
< €5K	€84.00
€5K - €20K	€59.95
> €20K	€55.00

## Logitech Wireless Combo MK270



- Reliable wireless connection - Logitech receiver and internal storage compartment in mouse
- 24-month keyboard and 12-month mouse battery life plus auto-sleep
- Plug-and-play simplicity
- Microsoft Windows Vista / XP / 7 / 8

Homework Spend	Price (Ex VAT)
< €5K	€39.00
€5K - €20K	€35.00
> €20K	€55.00

## Portable Wireless Keyboard & Mouse Set



- Keyboard size: 385 x 110 x 20 mm
- Keyboard weight: 308 g
- Mouse size: 100 x 50 x 20 mm
- Mouse weight: 43 g
- Connectivity: 2.4 GHz
- Keyboard keys: 104 full sized keys, scissors structure
- Mouse design: Symmetrical for r/h or l/h use
- Mouse buttons: 3-button mouse with rubberised scroll wheel
- Plug'n'play: Windows Me, 2000, XP, Vista, 7, 10; Mac OS X 10.1
- Power save: Automatic power saving sleep mode
- Batteries: 2 x AAA for keyboard, 1 x AAA for mouse - not included
- Color: Black

Homework Spend	Price (Ex VAT)
< €5K	€59.00
€5K - €20K	€54.95
> €20K	€54.95

## KOS Wireless High Precision Mouse



- Size: 66 x 104 x 35 mm
- Weight: 55 g
- Connectivity: RF 2.4 Ghz wireless micro receiver
- DPI selector fast / medium / slow
- Special features: Rubberised scroll wheel and buttons
- Batteries 1 x AA disposable or re-chargeable (not included)
- Color black
- Plug'n'play windows Me, 2000, XP, Vista and 7; Mac OS X 10.1
- Product code: KOS WM 002

Homework Spend	Price (Ex VAT)
< €5K	€17.50
€5K - €20K	€14.95
> €20K	€13.50

## Gel Wrist Rest For Mouse - W19



- Ergoprene Foamed Gel Conforms to Wrist For Maximum Comfort & Support
- Revolutionary Design Permits Natural Hand & Wrist Movement
- Tracking Surface Provides Smooth & Precise Mousing
- Non-skid Natural Rubber Back
- Dimensions: 8" W x 11" D x 1" H
- Trace amounts of latex.
- Not recommended for those with latex allergies.

Homework Spend	Price (Ex VAT)
< €5K	€15.95
€5K - €20K	€14.50
> €20K	€12.95

# MONITORS & MONITOR STANDS

Our adjustable laptop stands are a relatively inexpensive way to instantly improve your posture and positioning while using a laptop.

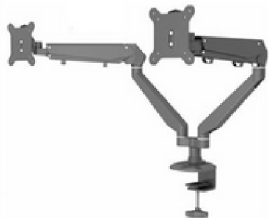


## PI Float Monitor Arm

- Internal Gas lift gives you fingertip control over the monitor
- Holds screens from 3kg to 8 Kg
- Well-built and great value arm
- Has effortless adjustment
- Vesa standard fitting
- Comes with installation instructions.
- Height-adjustable from 200 mm to 500 mm

Homework Spend	Price (Ex VAT)
< €5K	€159.00
€5K - €20K	€149.00
> €20K	€139.00

## PI Float Dual Monitor - White



- Gas spring balance system, Easy fingertip adjustment.
- Extension: 500mm at full extension
- Lift: 184-500mm
- 180 degree lock out in the C clamp base, which can be easily switched to 360° rotation
- Quick release Vesa Attachment
- Monitor Load Capacity: 1kg - 7.5kg
- Durable design and materials in the C clamp base.
- Internal cable management design
- Suit for monitor size from 17" to 32"
- Mount Option: Clamp and Grommet
- Made of Aluminium Alloy
- Arm folds down flat for ease of storage

Homework Spend	Price (Ex VAT)
< €5K	€159.00
€5K - €20K	€149.00
> €20K	€139.00



## Monitor Stand - KO330



- Height: 0.5" (2 cm)
- Width: 17" (43 cm)
- Depth: 13.25" (34 cm)
- Height adjustment range: 6.3cm to 15.6cm
- Maximum weight: 30 kgs
- Black Plastic Stand

Homework Spend	Price (Ex VAT)
< €5K	€159.00
€5K - €20K	€149.00
> €20K	€139.00



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